

YOSI SEALS SWIM TEAM



**YOSI SEALS
2010
COOL WINTER
INVITATIONAL**

January 22 – 24, 2010

On behalf of the YMCA of Southwest Illinois Swim Team we would like to welcome all swimmers, coaches, parents, officials and spectators to our Cool Winter Invitational. This will be a USA Swimming observed meet.

YOSI WINTER INVITATIONAL

Date: Friday, Saturday and Sunday – January 22 – 24, 2010

Location: East Belleville YMCA
2627 Carlyle Avenue
Belleville, IL 62221
618-236-9983

Directions: From I-64 take Exit 19A (HWY 158). Travel South on HWY 158 past Scott Air Force Base until the road “T”s at Carlyle Ave (HWY 161). Turn right on Carlyle Ave and the YMCA is across from the Metro-link and Southwestern Illinois College. Limited parking is in front of the YMCA but there is ample parking in the College lots across the street or in the Wal-Mart / Lowe’s shopping center.

FACILITY

The Belleville East YMCA facility has a 25-yard, 6-lane pool with competitive non-turbulent lane markers, Daktronics timing system, touchpads, backup-buttons and electronic horn starter.

The Bullpen will be in the Gymnasium area. Food concessions will be available onsite. No food or beverages are allowed in the Bullpen or Pool Deck. Fitness areas are off limits to all swimmers.

FORMAT

This Invitational will be a mixed event meet with boys and girls seeded together in events based on **age group and entry time** only. This format will give more swimmers and relays the opportunity to compete against swimmers and relays of similar capabilities. A chart showing the age groups that swimmers swim/compete in and those that they are scored (receive points) in is below in the POINTS, SCORING AND AWARDS section.

Relay events will be seeded by age group and entry time only. Relay teams will be made up of swimmers of the same gender and age group but a 11-12 Boys Relay team could swim in a lane next to a 11-12 Girls Relay team in the same event, i.e., the 200 Free Relay.

The 1000 and 1650 freestyle events will be seeded from fastest to slowest.

This meet is held under the approval of USA Swimming. USA Swimming technical rules apply.

ENTRY PROCEDURES

Entries are to be submitted on HYTEK format via email. The process is described as follows.

1. It is recommended to download and install the latest version of Team Manager before starting this process.
2. Teams can download an import our meet event file for Team Manager from the YOSI website at <http://www.yosiseals.org>.
3. After completing your team entries, send an export entry file to Jeff Alt (cptrgy1@charter.net) as an e-mail attachment. Please put your **Team Name** and either the word "ENTRY" or "UPDATES" somewhere on the subject line. For "UPDATES" please write in the body of the e-mail a summary of what the updates are. **All entries/updates must be submitted in Team Manager format as e-mail attachments. NO PAPER OR DISK ENTRIES WILL BE ACCEPTED.**
4. This will be a **USA Swimming approved meet**. Those teams that want their swimmers swims observed and times recorded in the USA Swimming data base (SWIMS) must provide the name (first, middle, last), date of birth, and USA Swimming athlete registration number with their Invitational entries. Please do not build an ID in Team Manager if the swimmers are not registered with USA Swimming as this will delay the process of getting times submitted into SWIMS.
5. We will confirm receipt of all entries/updates by reply e-mail. If you do not receive confirmation within 24 hours of your electronic submission call Jeff Alt at 618-539-6212 or e-mail him at cptrgy1@charter.net. Confirmation of receipt does not mean that your entry/update is accepted unless the update is a seed time change or there is no change in the total number of events swum by the team.
6. A check for fees and a signed Meet Summary Form (attached below) must be received within 5 business days after your ENTRY or (for those required) UPDATES e-mail submission. Do not send any paper printouts of your entry; they are unnecessary and they will be ignored. Upon timely receipt of your check and Meet Summary form---teams will be notified by e-mail of their entry acceptance. Make all checks/money orders (no cash please) payable to the "**YMCA of Southwest Illinois**". Please send the Meet Summary Form with your check/money order to address in the "Entry Fee" section below.

DEADLINES

We must receive normal entries/updates via e-mail between **Monday, 14 December 2009 and Friday, 8 January 2010**. Please do not send your entry prior to **Monday, 14 December 2009**.

Any entry/update submitted after the entry deadline will be considered a **deck entry** and will be accepted to fill empty lanes only no new heats will be added. Send deck entries as Word documents (meet may already be seeded) making sure that all required information (name, DOB, etc) is included or else it will be rejected. Deck entry fees will apply.

ENTRY LIMITS are 3 individual and 1 Relay events. The total number of entries accepted will be limited to assure reasonable time lines in all sessions. Team entries will not be split. The 1000 and 1650 will each be limited to the fastest 18 swimmers.

ENTRY FEE: \$3.50 per individual event and \$12.00 per relay. Deck entry fees are \$5.00 per event and \$15.00 per relay. Make all checks/money orders (no cash please) payable to the "YMCA of Southwest Illinois". Please include the "ENTRY SUMMARY" form with your payment and send to:

**YOSI Seals Swim Team
C/O Jeff Alt
947 Promontory Pines
Freeburg, IL 62243**

Please do not send checks/money orders to the Belleville YMCA location. Send it to the address above. Thank you.

Entry fees may be reimbursed for swimmers canceling their entry only if the cancellation is received in writing before the January 9, 2009 deadline and the reimbursement does not cause a debt in the teams overall payment. All legitimate reimbursements will be consolidated after the Invitational and sent to the team coach for disbursement.

POINTS OF CONTACT

Invitational Director: Jeff Alt, cptry1@charter.net, 618-539-6212

Meet Referee: Dale Andersen: daleandersen@sbcglobal.net, 618-277-2910

INVITATIONAL SCHEDULE

Friday

PM -- Session 1

- Bull Pen/gym opens for swimmers at 4:30 p.m.
- Warm-ups will begin at 5:00 p.m.
- Positive Scratch off closes at 5:15 p.m.
- Officials Meeting in Hospitality Room at 5:30 p.m.
- Timers Meeting on Pool Deck at 5:40 p.m.
- Meet Starts at 6:00 p.m.

Saturday and Sunday

AM -- Sessions 2 & 4

- YMCA opens at 6:30 am
- Warm-ups will begin at 7:00 a.m.
- Positive Scratch off closes at 7:45 a.m.
- Officials Meeting in Hospitality Room at 8:00 a.m.
- Timers Meeting on Pool Deck at 8:15 a.m.
- Meet Starts at 8:30 a.m.

PM -- Sessions 3 & 5

- Warm-ups will begin at 1:00pm
- Positive Scratch off closes at 1:45 p.m.
- Officials Meeting in Hospitality Room at 1:30 p.m.
- Timers Meeting on Pool Deck at 1:50 p.m.
- Meet Starts at 2:00 p.m.

Afternoon start times may be adjusted depending on meet timeline run after the entry deadline. Coaches will be notified if there is an adjustment.

LANE ASSIGNMENTS: Lane assignments will be sent to coaches prior to the meet, will be posted on our website, and will be posted at the meet

TEAM MONITORS: Each team is responsible for monitoring their members at all times. Please ensure that swimmers make their swim events on time and that their conduct is appropriate. Inappropriate conduct or lack of supervision may result in disqualification of the swimmer and/or team.

POINTS, SCORING AND AWARDS:

Points to determine overall placement and ribbons will be awarded to the top 6 finishers in each event. There will also be Team and Individual High Point.

Points:

Individual Events: 7-5-4-3-2-1

Relay Events: 14-10-8-6-4-2

Notes:

1. In all multi-aged groups (8&Under, 11-21 and 13-21), the swimmer will be scored and receive awards in their age group and gender. The 0-6 age group (6&Under) swimmers will be seeded in the 8&Under group.
2. Swimmers can swim up (one age group allowed). Points received in these events will not count for Individual High Point awards.
3. For relays (only), the 8 and Under age group is a single age group i.e., 0-8. There is no 0-6 age group for relays. Relay points are not counted in computing Individual High Point awards.

Awards:

HIGH POINT trophy will be given to the top swimmer in each age group—boys and girls. High point scores will be the cumulative total points from (at most) a swimmer's 6 highest place individual event finishes. Invitational medals will be awarded to the 2nd and 3rd place finishers in each age group (0-6, 7-8, 9-10, 11-12, 13-14, 15-21).

In the event of a tie, the swimmer with the highest finish in the IM will be the winner. If that does not determine a winner, it will go to the events in the IM order (50s for 8&under and 9-10, 100s for 11-12, 13-14, and 15-21) until a winner is determined.

INDIVIDUAL EVENT and RELAY ribbon will be awarded for 1st through 6th place finishers.

TEAM award will be given to the top team with 25 or more swimmers and the top team with 24 or less swimmers. YOSI is excluded from any team award.

Team and High Point awards will be presented at the conclusion of the meet. In case of delays, all awards will be given or sent to the coach or representative with the individual ribbon awards package.

PROTESTS: Can only be presented by the coaches to the Meet Referee.

PROGRAMS: Winter Invitational Programs will be available for \$5.00 at the meet.

Officials

For planning purposes, we ask each team to forward a list of YMCA certified officials and USA Swimming certified officials that will be attending the meet during each session to the meet referee, Dale Andersen: daleandersen@sbcglobal.net, 618-277-2910.

This meet will be USA Swimming sanctioned. It will be necessary for there to be two USA Swimming certified officials present at each session to verify that the meet was conducted using USA Swimming rules. If we don't have two USA Swimming certified officials present, the session's results cannot be submitted for entry in the USA Swimming SWIMS database. We are counting on your USA Swimming officials to be present and help us with this endeavor.

Timers

Teams will be asked to provide timers in proportion to their entered athletes in each session. We will notify each team contact/coach of the number of timers needed as soon after compiling entries as is possible. It is the team's responsibility to fill timer positions.

Lap Counters

Athletes/teams are responsible for providing lap counters for events where required. Lap counters should be in place prior to the beginning of the event so as not to cause any delay of the meet.

GENERAL RULES: These will be strictly enforced:

- Coaches are expected to maintain appropriate swimmer conduct. The Meet Director and/or Meet Safety Marshals/Officials will exclude any swimmer or parent from the meet for unsafe, disruptive or bad behavior, at the meet referee's discretion.
- Swimmers and coaches must obey meet officials at all times.
- All swimmers must report to the clerk of course with all their swim equipment before each event. It is the swimmer's responsibility to report on time. Failure to do so will result in the athlete being scratched from that event.
- Only swimmers competing in current session, coaches of entered teams, and officials and volunteers working in current session/area will be allowed in the clerk of course area or the swimmers area of the pool deck
- Parents, friends and other swimmers should not disturb, distract or remove swimmers after they have reported to the clerk of course area or in waiting positions on the way to swim.
- Spectators must be quiet during all starts.
- No flash photography during starts.
- No coolers will be allowed in the Bullpen area or on the pool deck.
- No smoking anywhere in the facility.
- Please keep trash picked up in team areas.
- Cell phones, cameras, and video recording equipment are not permitted in locker room areas.

YOSI WINTER INVITATIONAL EVENTS LIST

Session: 1

Round	Event
1	Mixed 8 & Under 100 IM
2	Mixed 9-10 100 IM
3	Mixed 11-12 200 IM
4	Mixed 13-14 200 IM
5	Mixed 15-21 200 IM
6	Mixed 8 & Under 25 Freestyle
7	Mixed 9-10 50 Freestyle
8	Mixed 11-12 200 Freestyle
9	Mixed 13-21 1000 Freestyle 1000*

* Swimmers must provide their own timers (2) and lap counter. Event is limited to top 18 entries.

Session: 2

Round	Event
10	Mixed 8 & Under 50 Butterfly
11	Mixed 13-14 100 Butterfly
12	Mixed 15-21 200 Butterfly
13	Mixed 8 & Under 25 Backstroke
14	Mixed 13-14 100 Backstroke
15	Mixed 15-21 100 Backstroke
16	Mixed 8 & Under 25 Breaststroke
17	Mixed 13-14 200 Breaststroke
18	Mixed 15-21 100 Breaststroke
19	Mixed 8 & Under 50 Freestyle
20	Mixed 13-14 50 Freestyle
21	Mixed 15-21 50 Freestyle
22	Mixed 8 & Under 100 Medley Relay [#]
23	Mixed 13-14 200 Medley Relay [#]
24	Mixed 15-21 200 Medley Relay [#]

[#] Individual relay teams must be composed of swimmers of the same gender and age group.

Session: 3

Round	Event
25	Mixed 9-10 100 Butterfly
26	Mixed 11-12 100 Butterfly
27	Mixed 9-10 100 Backstroke
28	Mixed 11-12 100 Backstroke
29	Mixed 9-10 50 Breaststroke
30	Mixed 11-12 100 Breaststroke
31	Mixed 9-10 100 Freestyle
32	Mixed 11-12 50 Freestyle
33	Mixed 9-10 100 Medley Relay [#]
34	Mixed 11-12 200 Medley Relay [#]

[#] Individual relay teams must be composed of swimmers of the same gender and age group.

Session: 4

Round	Event
35	Mixed 8 & Under 25 Butterfly
36	Mixed 13-14 200 Butterfly
37	Mixed 15-21 100 Butterfly
38	Mixed 8 & Under 50 Backstroke
39	Mixed 13-14 200 Backstroke
40	Mixed 15-21 200 Backstroke
41	Mixed 8 & Under 50 Breaststroke
42	Mixed 13-14 100 Breaststroke
43	Mixed 15-21 200 Breaststroke
44	Mixed 8 & Under 100 Freestyle
45	Mixed 13-14 100 Freestyle
46	Mixed 15-21 100 Freestyle
47	Mixed 8 & Under 100 Freestyle Relay [#]
48	Mixed 13-14 200 Freestyle Relay [#]
49	Mixed 15-21 200 Freestyle Relay [#]

[#] Individual relay teams must be composed of swimmers of the same gender and age group.

Session: 5

Round	Event
50	Mixed 9-10 50 Butterfly
51	Mixed 11-12 50 Butterfly
52	Mixed 9-10 200 Freestyle
53	Mixed 11-12 100 Freestyle
54	Mixed 9-10 100 Breaststroke
55	Mixed 11-12 50 Breaststroke
56	Mixed 9-10 50 Backstroke
57	Mixed 11-12 50 Backstroke
58	Mixed 9-10 200 Freestyle Relay [#]
59	Mixed 11-12 200 Freestyle Relay [#]
60	Mixed 11-21 1650 Freestyle*

[#] Individual relay teams must be composed of swimmers of the same gender and age group.

* Swimmers must provide their own timers (2) and lap counter. Event is limited to top 18 entries.

**YOSI COOL WINTER INVITATIONAL
ENTRY SUMMARY**

CLUB: _____ Code: _____ LSC: _____

Address: _____

City: _____ State: _____ ZIP: _____

Head Coach: _____ Phone: _____

Entry Contact: _____ Phone: _____

E-Mail: _____

ENTRY SUMMARY

Number of swimmers entered _____

Total number of individual events entered _____ x \$3.50 = _____

Total number of relays entered _____ x \$12.00 = _____

Total Amount Enclosed _____

UPDATED ENTRY SUMMARY

Number of swimmers entered _____

Number of swimmers added or deleted _____

Change in total number of individual events entered _____ x \$3.50
= _____

Change in total number of relays entered _____ x \$12.00 = _____

Total Amount Enclosed _____

Signature: _____

Title: _____ **Date:** _____

**THIS FORM MUST BE SENT WITH THE CHECK COVERING ENTRY FEES.
Make check payable to YMCA of Southwest Illinois.**